

[Total No. of Pages : 2

03324A

Second B.A.M.S. (2010) / Third B.A.M.S. (2012)/(2017)
Examination, Winter - 2020
SWASTHAVRITTA - I / SWASTHAVRITTA & YOGA - I
(Third BAMS 2012 Syllabus is applicable to BAMS 2010/Old/New
Students w.e.f. Summer - 2018 Exam)

Total Duration : Section A+B = 3 Hours

Total Marks : 90

SECTION - A & SECTION - B

- Instruction:**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion** of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
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 - 7) Use a common answerbook for all sections.

SECTION - A (45 Marks)

1. लघुत्तरी प्रश्न (सहापैकी कोणतेही पाच) : [5 × 3 = 15]
Short answer question (any five out of six) :
- a) मंड, पेया, विलेपी व्याख्या लिहा.
Write the definition of Manda, Peya, vilepi.
 - b) धारणीय वेग लिहा.
Write a note on "Dharniya Vega".
 - c) मधुमेह व हृदयरोग (बी.पी.) आहार विहार लिहा.
Write Ahar Vihar in Diabetes and Heart diseases (B.P.).
 - d) नौली क्रियेचे फायदे.
Benefits of Nauli.
 - e) अस्तेय म्हणजे काय ?
Describe Asteya.
 - f) यमदंष्ट्रा.
Yamadaushitra.

N - 6061

P.T.O.

- Q.1. a) मरिच, विमर्ष, विमर्ष
b) धूमपान विधि
c) मधुमेह व दहशरीर शांति व विमर्ष
d) नैमिषीय विधि
e) धूमपान
f) यमपद्धति

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2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा) :

[6 × 5 = 30]

Short answer question (any six out of seven) :

- चरकानुसार निद्रा प्रकार व निद्रेचे लाभ लिहा.
Write types of Nidra according to Charak and benefits of Nidra.
- सूर्यनमस्कार विधी व लाभ.
Suryanamaskar Vidhi and Benefits.
- "मर्दानाचे" प्रकार व महत्व वर्णन करा.
Explain types and importance of "Mardan"
- निसर्गोपचार म्हणजे काय व त्याची आवश्यकता लिहा.
What is naturopathy and write its necessity.
- "पश्चिमोत्तानासन" कृति व महत्व वर्णन करा.
Write procedure and importance of 'Pashchimottanasana'.
- धूमपान विधी व फायदे लिहा.
Write a vidhi and benefits of Dhumapan.
- "दुग्ध परिक्षण" पद्धती लिहा.
Types of method of "Milk Parikshan"

SECTION - B (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन) :

[3 × 15 = 45]

Long answer question (any three out of four) :

- दिनचर्या सविस्तर लिहा.
Describe Dincharya in detail.
- आयुर्वेदात आहाराची प्रशंसा कशी केली आहे? शाकाहार व मासाहार गुणावगुण सांगून तसेच पोषणात क्षाराचे महत्व लिहा.
Write importance of diet in Ayurveda, explain pros and cons of vegetarian and non-vegetarian diet, state the importance of Minerals in nutrition.
- प्राणायाम, व्याख्या, प्रकार, महत्व आणि प्राणायाम दक्षता सविस्तर लिहा.
Describe the definition, types, importance and precautions taken during Pranayama.
- निसर्गोपचाराचे प्राचीन व आधुनिक महत्व, प्रकार व मृत्तिका चिकित्सा, प्रकार, महत्व सविस्तर लिहा.
Write importance of Nisargopachar in ancient and modern treatment along with its types, write importance, types of Mruttika chikitsa (Mud therapy).



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Second B.A.M.S. (2010)/Third B.A.M.S. (2012)/(2017)
Examination, Winter - 2020
SWASTHAVRITTA AND YOGA - II
(Third BAMS 2012 Syllabus is applicable to BAMS 2010/Old/New
Students w.e.f. Summer - 2018 Exam)

Total Duration : Section A+B = 3 Hours

Total Marks : 90

SECTION - A & SECTION - B

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SECTION - A (45 Marks)

1. लघुत्तरी प्रश्न (सहाय्येकी कोणतेही पाच) : [5 × 3 = 15]
Short answer question (any five out of six) :
- a) सुश्रुतानुसार वायुचे गुण.
Properties of Vayu according to Sushruta.
 - b) जनपदोद्ध्वंस.
Janapadodhwamsa.
 - c) जलप्रदूषणजन्य व्याधिची नावे.
Waterborne diseases.
 - d) निवासयोग्य भूमि.
Niwas-yogya Bhoomi.
 - e) आयुर्वेदोक्त संक्रामक रोग परिभाषा.
Definition of 'Samkramaka Rog' according to Ayurveda.
 - f) प्राथमिक स्वास्थ्य संरक्षण व्याख्या.
Definition of Primary Health Care.

N - 6062

P.T.O.

03324B

2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा):

[6 × 5 = 30]

Short answer question (any six out of seven):

- डेमोग्राफिक सायकल
Demographic cycle
- अल्मा - आटा जहिरनामा
Alma-Atta declaration
- उपदंश
Gonorrhoea
- कृत्रिम प्रकाश व्यवस्था
Artificial lighting.
- वायु प्रदूषण प्रतिबंधन व नियंत्रण
Prevention and control of Air pollution.
- आयुर्वेदोक्त जलशुद्धीकरण
Purification of water-methods according to Ayurved.
- जागतिक आरोग्य संघटना.
World Health Organisation.

SECTION - B (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन):

[3 × 15 = 45]

Long answer question (any three out of four):

- a) परिवार कल्याण कार्यक्रमान्तर्गत स्त्रियांसाठी उपयोगात येणाऱ्या अस्थायी संतति प्रतिबंधक साधनांचे सविस्तर वर्णन करा.
Describe in details, the temporary contraceptive methods used for females under Family Welfare Programme.
- b) 'अतिजोखमीची माता' - वर्णन करून त्या संबंधीत उपाय योजनांची माहिती लिहा.
Describe High Risk pregnancy and its management in details.
- c) अपद्रव्य म्हणजे काय? अपद्रव्य निर्मूलन पद्धतींचे वर्णन करा.
What is 'Apadravya'? (waste). Write the various methods for its disposal.
- d) 'डेंग्यु' व्याधि - कारणे, लक्षणे, निदान व चिकित्सा लिहून प्रतिबंधात्मक उपाय सविस्तर वर्णन करा.
'Dengue'- Write its causes, symptoms, diagnosis and treatment along with its prevention and control measures in detail.



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Second B.A.M.S. (2010)/Third B.A.M.S. (2012) / (2017)

Examination, (Phase - III) Winter - 2021

SWASTHAVRITTA AND YOGA - I

Total Duration : 3 Hours

Total Marks : 90

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 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
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 - 7) Use a common answer book for all sections.
 - 8) Use of simple calculator and significant test chart is **permitted**.

SECTION - "A" (45 Marks)

1. लघुत्तरी प्रश्न (सहाय्यैकी कोणतेही पाच):

[5 × 3 = 15]

Short answer question (any five out of six):

a) जीवनसत्वांची नावे लिहून आवश्यक मात्रा लिहा.

Write name of Vitamins & their requirement.

b) तांबुल सेवन

Tambul sevan

c) आयुर्वेदानुसार मासिक धर्म स्वच्छता वर्णन करा.

Describe Menstrual Hygiene as per ayurveda.

d) ऋतुसंधी, यमदष्टा व ऋतु विपर्यय लिहा.

Define Rutusandhi, Yamadamsthra & Rutuviparyaya.

e) हलासन (निधी) व लाभ वर्णन करा. *Replace by विधि*

Describe procedure and benefits of 'Halasana'.

f) नियमाचे प्रकार वर्णन करा.

Describe types of Niyama

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[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा):

Short answer question (any six out of seven):

- जलनेती वर्णन करून फायदे लिहा.
Describe Jananeti & write its benefits.
- अष्टकुंभक वर्णन करा.
Describe Ashtakumbhak.
- रसायन-निरुक्ति, परीभाषा व उदाहरणासहीत वर्गीकरण लिहा.
Write Nirukti, Paribhasha (definition) and classification with examples of Rasayana.
- दुधाचे पाश्चरायझेशन लिहा.
Write Milk Pasteurization.
- स्वस्थ व्यक्तीसाठी नस्य वर्णन करा.
Describe Nasya in detail for healthy person.
- सुखदायक (सूथिंग) इ. पाच निसर्गोपचार डायट प्रकार वर्णन करा.
Describe types of Naturopathy diet in regards of soothing diet etc. (five).
- अंतरंग योग वर्णन करा.
Describe Antarang Yoga.

SECTION - "B" (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन):

[3 × 15 = 45]

Long answer question (any three out of four):

- योगशास्त्र व स्वास्थ्य संबंध वर्णन करून प्राणायाम सविस्तर लिहा.
Discuss relation between Yoga science and Swasthya alongwith describe Pranayama in detail.
- निसर्गोपचार मुलतत्वे व चिकित्सा महत्त्व लिहून आकाश तत्व चिकित्सा सविस्तर वर्णन करा.
Write importance of principles? & treatment of nisargopchar and describe Akash tatva chikitsa in detail.
- चरकानुसार आहार वर्ग वर्णन करा.
Describe Aahar Varga in detail as per Charak.
- दिनचर्येतील आयुर्वेदिक सौंदर्यवर्धक उपक्रम व फायदे वर्णन करा.
Describe Ayurvedic cosmetic procedure & effect of dincharya.



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in Question
stipulated
quest.

Total No. of Pages : 2

03324B

**Second/Third B.A.M.S. (2010)/(2012)/(2017) Examination,
(Phase - III) Winter - 2021
SWASTHAVRITTA AND YOGO - II**

Total Duration : 3 Hours

Total Marks : 90

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 - 8) Use of simple calculator and significant test chart is permitted.

SECTION - "A" (45 Marks)

1. लघुत्तरी प्रश्न (सहा पैकी कोणतेही पाच) :

[5 × 3 = 15]

Short answer question (any five out of six) :

- a) संचय काळ.
Incubation period.
- b) जलाचे काठीण्य.
Hardness of water.
- c) कृत्रिम प्रकाश अवस्था.
Artificial lighting.
- d) शालेय वैद्यकीय अधिकारीची कर्तव्ये लिहा.
Write Duties of School Medical Officers.
- e) अंधत्व निवारण कार्यक्रम.
National control programme for blindness.
- f) जागतिक आरोग्य संघटना.
World Health Organization.

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P.T.O

03324

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सात पैकी कोणतेही सहा) :

Short answer question (any six out of seven) :

- दूषित पाण्यातून पसरणारे व्याधी लिहून तीन व्याधींचे नाव व जिवणू लिहा.
Write down water born diseases and any ^{Three} (three) diseases name and their causative organism.
- शवविनाश पद्धती किती व श्रेष्ठ कोणती त्या विषयी थोडक्यात लिहा.
Write types of dead body disposal and write in short about superior method.
- विसंक्रमणांची व्याख्या व प्रकार लिहा.
Write about disinfection types and definition.
- क्षयरोग प्रतिबंधक औषधे.
Anti-tuberculosis drugs.
- ओरल पोलिओ लस.
Oral Polio Vaccine.
- आयोडीन अभावजन्य विकार.
Iodine deficiency disorders.
- माहिती सादरीकरणाच्या पद्धती लिहा.
Write about the methods of presenting the data.

SECTION - "B" (45 Marks)

3. दीर्घोत्तरी प्रश्न (चार पैकी कोणतेही तीन) :

[3 × 15 = 45]

Long answer question (any three out of four) :

- रोहीणी व्याधीचे कारणीभूत घटक, लक्षणे, आवश्यक परीक्षण एवं प्रतिबंधात्मक उपाय सविस्तर लिहा.
Describe the causative factor, sign, symptoms, essential investigation test and preventive measures of Diphtheria.
- ✓ सुरक्षित जल म्हणजे काय? (बाळुचा) संथ निस्यंदक सविस्तर लिहा. वाळूचा
Safe and wholesome water means what and write in detail about slow sand filter.
- साथ म्हणजे काय लिहून आंत्रिक ज्वर विषयी सविस्तर लिहा.
Write definition of Epidemic and in detail about 'Typhoid Fever'.
- व्यवसायजन्य आजार कोणते ते लिहा. राज्य कामकार विमा योजना व कारखाने कायदा सविस्तर लिहा.
Which are Occupational diseases and write about the factories act and the employee's state insurance act.

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SECTION - A (45 Marks)

1. लघुत्तरी प्रश्न (सहापैकी कोणतेही पाच): [5 × 3 = 15]
Short answer question (any five out of six):
- a) मधुमेह व्याधी चे पथ्य अपथ्य लिहा.
Advice of pathya-apathya in diabetes.
 - b) अपतर्पण जनित व्याधीची नावे लिहा.
Enlist Apatarpan janit Vyadhi.
 - c) युक्तिकृत निद्रेचे लाभ लिहा.
Write down properties of Yuktikrut Nidra.
 - d) रसायनांची परिभाषा लिहा.
Define Rasayan.
 - e) अतिस्थूल लक्षणं.
Symptoms of Atistula.
 - f) छर्दि वेग धारण जनित लक्षणं व चिकित्सा.
Symptoms arised by chhardi veg dharan and its treatment.

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[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा):

Short answer question (any six out of seven):

- जागतिक आरोग्य संघटना व सुश्रुत संहितेनुसार स्वस्थाची व्याख्या लिहा.
Write definition of health by WHO and Sushruta Samhita.
- स्वस्थवृत्त नस्य वर्णन करा.
Describe Nasya in Swasthavritta.
- ऋतुनुसार दोषांचे संचय, प्रकोप, प्रशमन लिहा.
Write Sanchaya-Prakopa-Prashamana of dosha according to ritu.
- मणिपुर चक्र लिहा.
Explain Manipur Chakra.
- नेतीचे पूर्वकर्म लिहून सूत्र नेती विधी लाभ लिहा.
Write Purvakarma of Neti, and procedure and benefits of Sutra Neti.
- निसर्गोपचारातील आहार लिहा.
Explain diet in Naturopathy.
- निद्रा प्रकार लिहा.
Explain types of Nidra.

SECTION - B (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन):

[3 × 15 = 45]

Long answer question (any three out of four):

- जलविलय जीवनसत्वे कोणती? 'ब' जीवनसत्त्व सविस्तर वर्णन करा.
Write names of water soluble vitamins and explain vitamin 'B' in detail.
- अष्टांग योग सविस्तर वर्णन करा.
Describe Ashtang Yog in details.
- अंजन, धूमपान आणि उद्वर्तन यांचा विधी प्रकार व लाभ लिहा.
Write down procedure, types and benefits of Anjana, Dhoomapana and Udvartana.
- आहाराची निरुक्ती लिहून आचार्य सुश्रुतानुसार आहार द्रव्य वर्गीकरण सविस्तर लिहा.
Write Nirukti of Ahara and explain classification of Ahara dravya varga according to Sushrutacharya in details.



[Total No. of Pages : 2

03324E

Second B.A.M.S. (2010) / Third B.A.M.S. (2012) / (2017)
Examination, Summer - 2021

SWASTHAVRITTA - II

(Third BAMS - 2012 Syllabus is applicable to BAMS 2010/Old/
New Students w.e.f. Summer - 2018 Exam)

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
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 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.
 - 8) Use of Simple Calculator and significant test chart is permitted.

SECTION - A (45 Marks)

I. लघुत्तरी प्रश्न (सहापैकी कोणतेही पाच):

[5 × 3 = 15]

Short answer question (any five out of six):

- a) जलाचे प्रकार लिहा.
Write types of water.
- b) त्रिगुणी तस.
DPT Vaccine.
- c) जागतिक तापमान वाढ.
Global warming.
- d) इलेक्ट्रिक भस्मीकरण.
Electric Cremation.
- e) राष्ट्रीय एड्स नियंत्रण कार्यक्रम.
National AIDS Control programme.
- f) केअर
CARE

N - 8040

P.T.O.

- पि. a. शुद्धीकरण
b. DPT Vaccine
c. Global Warming
d. Steel drum method

e. National AIDS Control Programme
f. CARE

033241

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा):

Short answer question (any six out of seven):

- युनिसेफ ची वैशिष्ट्य लिहा.
Mention importance of UNICEF.
- प्राथमिक स्वास्थ्य केंद्र प्रमुखांची कामे.
Write about duties of Centre in charge of Primary Health Centre.
- शुक्रवाहीनी नलिका छेदन विधी.
Method of Vasectomy.
- जनगणना म्हणजे काय व त्याचे महत्व लिहा.
What is census and write importance of it.
- विसुचिका व्याधीची लक्षणे लिहा.
Write down symptoms of Cholera.
- घनकचरा व्यवस्थापनाची नावे लिहून बंगलोर पद्धत लिहा.
Write different types of disposal solid waste and write about Bangalore method.
- कारखाने कायदा.
Indian Factories Act.

SECTION - B (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन):

[3 × 15 = 45]

Long answer question (any three out of four):

- आरोग्य सांख्यिकी वर्णन करून त्याची आवश्यकता, महत्व लिहून जन्मदर व मृत्युदर काढण्याची पद्धती व त्यांचे महत्व लिहा.
Write in detail about Health Statistics its necessity, importance and write about birth rate and death rate & its importance.
- वाळुचा जलद निस्यदंकाविषयी सविस्तर माहिती लिहा.
Write in detail about Rapid Sand Filter.
- लसीचे प्रकार, उदाहरणे, लसीकरण कार्यक्रम व शितसाखळी विषयी सविस्तर लिहा.
Write types of Vaccine and their examples, immunization programme and cold chain in detail.
- कुष्ठरोग कारणीभूत घटक, लक्षणे, परीक्षण, नियंत्रण व प्रतीबंधात्मक उपाय सविस्तर लिहा.
Write in detail about causative factor, sign, symptoms, investigation tests and preventive and control measures of Leprosy.

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Total No. of Pages : 2

03324 A

**Second B.A.M.S. (2010) / Third B.A.M.S. (2012) / (2017)
Examination, (Phase - II) Summer - 2022
SWASTHAVRITTA AND YOGA - I**

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - "A" (45 Marks)

1. लघुत्तरी प्रश्न (सहा पैकी कोणतेही पाच) : [5 × 3 = 15]
Short answer question (any five out of six) :
- a) उत्तररक्तचाप व्याधित पथ्य अपथ्य.
Pathya-Apathya in hypertension.
 - b) पाश्चरायझेशनची व्याख्या लिहून त्यांच्या प्रकारांची नावे लिहा.
Define pasteurization and mention its methods.
 - c) रात्रीजागरणाचे परिणाम व उपाय सांगा.
Effects and management of Ratrijagarana.
 - d) रसायनांचे प्रकार आणि कार्ये लिहा.
Types and functions of Rasayana.
 - e) चरकानुसार 'अनिंदित पुरुष' वर्णन करा. 31/21
Define 'Anindit Purush' by Acharya Charaka.
 - f) चरकानुसार अधारणीय वेग लिहा.
Enlist the names of Adharaniya Vega by Acharya Charaka.

N - 8073

P.T.O

1. a) HTN-421-34521 d) 22/11/2021
 b) 10/11/2021 e) 31/10/2021
 c) 22/11/2021-421-34521 f) 31/10/2021

03324

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सात पैकी कोणतेही सहा) :

Short answer question (any six out of seven) :

- जागतिक आरोग्य संघटनेनुसार आरोग्याची व्याख्या लिहून आरोग्याचा कक्षा वर्णन करा.
Write down definition of health according to World Health Organization and describe dimensions of health.
- योग शब्दाच्या पाच व्याख्या लिहा.
Write five definitions of yoga.
- धूमपान - प्रकार, द्रव्ये, धूमवर्ति निर्माण विधी लिहा.
Mention types of Dhoompana Write the dravyas and procedure of dhoomavarti nirman.
- ऋतुचर्येतील शोधन व त्यांचे फायदे लिहा.
Mention the shodhan procedures as per season.
- सूर्यरश्मि चिकित्सा.
Sun bath.
- नाडीशुद्धि लक्षणे व लाभ.
Signs and benefits of Nadishuddhi.
- उपवास संकल्पना व फायदे.
Concept of upavasa and its benefits.

SECTION - "B" (45 Marks)

3. दीर्घोत्तरी प्रश्न : (चार पैकी कोणतेही तीन) :

[3 × 15 = 45]

Long answer question (any three out of four) :

- प्राणायामाची व्याख्या सांगून कुंभकभेद वर्णन करा.
Define pranayama and describe the types of Kumbhak.
- निसर्गोपचाराची व्याख्या सांगून जल चिकित्सा सविस्तर वर्णन करा.
Write down definition of Nisargopachar and describe Jala chikitsa in details.
- पंचज्ञानेन्द्रियांसाठी उपयुक्त दिनचर्या उपक्रम सांगून त्यांचे सविस्तर वर्णन व लाभ लिहा.
Describe the Dincharyokta upakramas for Panchadnyanendrias with their benefits.
- आहाराची प्रशस्ती सांगून आहार विधी विधान व व्दादशाशन विचार सविस्तर वर्णन करा.
Write down benefits of Ahara and describe Ahara vidhi vidhan and dwadashasana vichar in detail.

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[Total No. of Pages : 2

03324B

**Second B.A.M.S. (2010)/Third B.A.M.S. (2012)/(2017)
Examination, Phase - II Summer - 2022
SWASTHAVRITTA AND YOGA - II**

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **blue/black** ball point pen **only**.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - "A" (45 Marks)

1. लघुत्तरी प्रश्न (सहाय्यकी कोणतेही पाच) : [5 × 3 = 15]
Short answer questions (**any five** out of six) :
- a) नैसर्गिक व्याधीक्षमत्व प्रकार.
Types of Natural Immunity.
 - b) जल कठिण्य.
Hardness of water
 - c) ध्वनी प्रदूषण दुष्परिणाम.
Hazards of noise pollution.
 - d) चिकित्सालय भवन.
Hospital Building.
 - e) कुप्रसंगज व्याधीचे नांवे व जीवाणु.
The names and Causative Agent of Sexually Transmitted diseases.
 - f) मध्यान्ह भोजन कार्यक्रम.
Mid day meal.

N - 8074

P.T.O

03324B

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सात पैकी कोणतेही सहा) :

Short answer question (any six out of seven) :

- आदर्श शवविनाश पद्धती
Ideal procedure of dead body disposal.
- भूमी आणि आरोग्य संबंध.
Relation between Soil and Health.
- घन कचरा विल्हेवार उपाय.
Methods of disposal of solid waste.
- स्वास्थ्य सांख्यिकी संकलन विधी.
Collection procedures of vital statistics.
- संक्रामक व्याधीचे प्रत्यक्ष व्याधी प्रसार मार्ग.
Direct transmission routes of infectious diseases.
- भारतामधील अंधत्वाची कारणे
Causes of Blindness in India.
- युनिसेफचा बालकांसाठी आंतरराष्ट्रीय कार्यक्रम.
International child health programme of UNICEF.

SECTION - "D" (45 Marks)

3. दीर्घोत्तरी प्रश्न (चार पैकी कोणतेही तीन) :

[3 × 15 = 45]

Long answer questions (any three out of four) :

- लोकसंख्या वृद्धिचे दुष्परिणाम वर्णन करून आदर्श संतती प्रतिबंधक उपायाच्या गुणवत्ता वर्णन करा.
Describe the disadvantages of population explosion and explain the properties of ideal contraceptive procedure.
- राष्ट्रीय पोषण आहार कार्यक्रम सविस्तर लिहा.
Describe National Nutritional Programme in detail.
- एड्स व्याधी सविस्तर वर्णन करा.
Describe the AIDS in detail.
- औद्योगिक प्रदूषणाच्या विविध कारणांचा उल्लेख करून रासायनिक विसंक्रामक द्रव्यांची माहिती लिहा.
Describe the different causes of industry pollution and write about the information of different chemical disinfectant.



[Total No. of Pages : 2]

03324A

Second B.A.M.S. (2010) Third B.A.M.S. (2012)/(2017)
Examination, Winter - 2022
SWASTHAVRITTA AND YOGA - I

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

SECTION - A (45 Marks)

1. लघुत्तरी प्रश्न (सहापैकी कोणतेही पाच):
Short answer questions (any five out of six): [5 × 3 = 15]
- a) नियम प्रकार.
Types of Niyama.
 - b) अन्नरक्षण प्रकार.
Various types of food preservation.
 - c) दुग्ध पाश्चरायझेशन विधी.
Milk pasteurization procedure.
 - d) मिताहार.
Mitahar.
 - e) शुक-शिंबी धान्य वर्ग.
Cereals and Pulses.
 - f) कपालभाती प्रकार.
Types of Kapalabhati.

N - 1439

P.T.O.

03324A

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा):

Short answer questions (any six out of seven):

- जीवनसत्त्व बी-1 नाव, कार्य, अभावजन्य व्याधी.
Name, function and deficiency disease of Vitamin B-1.
- शाकाहार - मांसाहार पोषण भेद.
The nutritional difference between vegetarian and non-vegetarian food.
- चरकोक्त धारणीय वेग.
Dharaniya vega as per Charaka Samhita.
- प्राणायाम अभ्यास दक्षता.
Precautions for pranayam exercise.
- मर्दन प्रकार व फायदे.
Types and advantages of Mardan.
- अष्टा निंदित पुरुष आणि व्याधीक्षमत्व संबंध.
The relation between Ashta Nindit Person and Immunity Power.
- दिनचर्या मध्ये वर्णित नस्य उपक्रम.
The Nasya Karma described in daily regimen.

SECTION - B (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन):

[3 × 15 = 45]

Long answer questions (any three out of four):

- जीवनसत्त्व 'अ' ची सविस्तर माहिती लिहा.
Describe the Vitamin A in detail.
- आसन आणि व्यायाम यामधील फरक वर्णन करून हृदयरोगा साठी उपयुक्त विविध योग उपक्रम लिहा.
Describe the difference between Aasan and Physical Exercise and write on different yogic procedures useful for cardiac diseases.
- स्वस्थ व्यक्तीच्या शारीरिक, मानसिक आणि सामाजिक अंगाचे सविस्तर वर्णन करा.
Describe the physical, mental and social dimensions of healthy man in detail.
- ऋतुसंधी म्हणजे काय? ऋतु आणि दोषांचा संबंध वर्णन करा.
Write definition of ritusandhi and explain the relation between ritu and doshas.



[Total No. of Pages : 2

03324A

Second B.A.M.S. (2010) Third B.A.M.S. (2012)/(2017)
Examination, Winter - 2022
SWASTHAVRITTA AND YOGA - I

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **blue/black** ball point pen only.
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 - 3) **All questions are compulsory.**
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 - 7) **Use** a common answerbook for **all** sections.

SECTION - A (45 Marks)

1. लघुत्तरी प्रश्न (सहापैकी कोणतेही पाच):

Short answer questions (any five out of six):

[5 × 3 = 15]

- a) नियम प्रकार.
Types of Niyama.
- b) अन्नरक्षण प्रकार.
Various types of food preservation.
- c) दुग्ध पाश्चरायडेशन विधी.
Milk pasteurization procedure.
- d) मिताहार.
Mitahar.
- e) शुक-शिंबी धान्य वर्ग.
Cereals and Pulses.
- f) कपालभाती प्रकार.
Types of Kapalabhati.

N - 1439

P.T.O.

03324A

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा):

Short answer questions (any six out of seven):

- a) जीवनसत्व बी-1 नाव, कार्य, अभावजन्य व्याधी.
Name, function and deficiency disease of Vitamin B-1.
- b) शाकाहार - मांसाहार पोषण भेद.
The nutritional difference between vegetarian and non-vegetarian food.
- c) चरकोक्त धारणीय वेग.
Dharaniya vega as per Charaka Samhita.
- d) प्राणायाम अभ्यास दक्षता.
Precautions for pranayam exercise.
- e) मर्दन प्रकार व फायदे.
Types and advantages of Mardan.
- f) अष्टा निंदीत पुरुष आणि व्याधीक्षमत्व संबंध.
The relation between Ashta Nindit Person and Immunity Power.
- g) दिनचर्या गहने तणीत नस्य उपक्रम.
The Nasya Karma described in daily regimen.

SECTION - B (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन):

[3 × 15 = 45]

Long answer questions (any three out of four):

- a) जीवनसत्व 'अ' ची सविस्तर माहिती लिहा.
Describe the Vitamin A in detail.
- b) आसन आणि व्यायाम यामधील फरक वर्णन करून हृदयरोगा साठी उपयुक्त विविध योग उपक्रम लिहा.
Describe the difference between Aasan and Physical Exercise and write on different yogic procedures useful for cardiac diseases.
- c) स्वस्थ व्यक्तीच्या शारीरिक, मानसिक आणि सामाजिक अंगाचे सविस्तर वर्णन करा.
Describe the physical, mental and social dimensions of healthy man in detail.
- d) ऋतुसंधी म्हणजे काय? ऋतु आणि दोषांचा संबंध वर्णन करा.
Write definition of ritusandhi and explain the relation between ritu and doshas.

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[Total No. of Pages : 2

03324B

**Second B.A.M.S. (2010)/Third B.A.M.S. (2012)/(2017)
Examination, Winter - 2022
SWASTHAVRITTA AND YOGA - II**

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

SECTION - A (45 Marks)

1. लघुत्तरी प्रश्न (सहाय्येकी कोणतेही पाच):

[5 × 3 = 15]

Short answer question (any five out of six):

a) प्रविजन प्रकार.

Types of Ventilation.

b) नैसर्गिक जल शुद्धिकरण पद्धति.

Natural methods of water purification.

c) ध्वनि प्रदूषणाचे दुष्परिणाम.

Adverse effect of sound pollution.

d) गोवर लस.

Measles vaccine.

e) लेप्रसीचे प्रकार लिहा.

Write the types of Leprosy.

f) अंधत्वाची कारणे.

Causes of blindness.

N - 1440

P.T.O.

03324B

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सातपैकी कोणतेही सहा):

Short answer questions (any six out of seven):

- रासायनिक घटकांचा व्यवसायजन्य आरोग्यावर होणारा परिणाम.
Effects of chemicals on occupational health.
- डेमोग्राफिक चक्र - टीप लिहा.
Write short note on demographic cycle.
- जल शुद्धीकरणाची घरगुती पद्धत वर्णन करा.
Household purification of water.
- विसंक्रमण - व्याख्या व प्रकार.
Disinfection - definition and types.
- अल्मा अटा जाहीरनामा.
Alma Ata declaration.
- मातृ शिशु कल्याण कार्यक्रम.
Matru Shishu Kalyana Yojana.
- कॉलरा व्याधी लक्षणे व प्रतिबंधक उपाय.
Cholera - symptoms and preventive measures.

SECTION - B (45 Marks)

3. दीर्घोत्तरी प्रश्न (चारपैकी कोणतेही तीन):

[3 × 15 = 45]

Long answer question (any three out of four):

- अपद्रव्यांपासून होणाऱ्या व्याधीची नावे सांगा, घनकचरा निवारणाच्या विविध पद्धती लिहून बॅंगलोर मेथड ऑफ कंपोस्टिंग लिहा.
Name the diseases spread by solid wastes. Explain different methods of disposal of solid waste and describe Bangalore Method of Composting.
- क्षयरोगाचे जीवाणू, रोगोद्भव काल, प्रसार, परिक्षणे, लक्षणे, प्रतिबंधक उपाय व चिकित्सा लिहा.
Write down causative organism, incubation period, transmission, investigation, preventive measures and treatment of Tuberculosis.
- परिवार कल्याण कार्यक्रमाचे उद्देश लिहून कुटुंब कल्याण कार्यक्रमा अंतर्गत स्त्रियांनी वापरावयाचा संतती प्रतिबंधक उपाय / साधनांची माहिती लिहा.
Write aims and object of family welfare programme. Describe contraceptive methods used by female in family planning programme.
- जल शुद्धीकरण केंद्रातील जल शुद्धीकरण प्रक्रिया सविस्तर वर्णन करा.
Describe water purification process at water purification plant in detail.

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[Total No. of Pages : 2

03324B

**Second B.A.M.S. (2010)/Third B.A.M.S. (2012)/(2017)
Examination, Phase - II Summer - 2022
SWASTHAVRITTA AND YOGA - II**

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **blue/black** ball point pen **only**.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - "A" (45 Marks)

1. लघुत्तरी प्रश्न (सहायैकी कोणतेही पाच) : [5 × 3 = 15]
Short answer questions (any five out of six) :
- a) नैसर्गिक व्याधीक्षमत्व प्रकार.
Types of Natural Immunity.
 - b) जल कठिण्य.
Hardness of water
 - c) ध्वनी प्रदूषण दुष्परिणाम.
Hazards of noise pollution.
 - d) चिकित्सालय भवन.
Hospital Building.
 - e) कुप्रसंगज व्याधीचे नांवे व जीवाणु.
The names and Causative Agent of Sexually Transmitted diseases.
 - f) मध्यान्ह भोजन कार्यक्रम.
Mid day meal.

N - 8074

P.T.O

03324B

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सात पैकी कोणतेही सहा) :

Short answer question (any six out of seven) :

- आदर्श शवविनाश पद्धती
Ideal procedure of dead body disposal.
- भूमी आणि आरोग्य संबंध.
Relation between Soil and Health.
- घन कचरा विल्हेवार उपाय.
Methods of disposal of solid waste.
- स्वास्थ्य सांख्यिकी संकलन विधी.
Collection procedures of vital statistics.
- संक्रामक व्याधीचे प्रत्यक्ष व्याधी प्रसार मार्ग.
Direct transmission routes of infectious diseases.
- भारतामधील अंधत्वाची कारणे
Causes of Blindness in India.
- युनिसेफचा बालकांसाठी आंतरराष्ट्रीय कार्यक्रम.
International child health programme of UNICEF.

SECTION - "B" (45 Marks)

3. दीर्घोत्तरी प्रश्न (चार पैकी कोणतेही तीन) :

[3 × 15 = 45]

Long answer questions (any three out of four) :

- लोकसंख्या वृद्धिचे दुष्परिणाम वर्णन करून आदर्श संतती प्रतिबंधक उपायाच्या गुणवत्ता वर्णन करा.
Describe the disadvantages of population explosion and explain the properties of ideal contraceptive procedure.
- राष्ट्रीय पोषण आहार कार्यक्रम सविस्तर लिहा.
Describe National Nutritional Programme in detail.
- एड्स व्याधी सविस्तर वर्णन करा.
Describe the AIDS in detail.
- औद्योगिक प्रदूषणाच्या विविध कारणांचा उल्लेख करून रासायनिक विसंक्रामक द्रव्यांची माहिती लिहा.
Describe the different causes of industry pollution and write about the information of different chemical disinfectant.



[Total No. of Pages : 2]

03324A

Second/Third B.A.M.S. (2010)/(2012)/(2017) Examination,
Winter - 2023 (Phase - II)
SWASTHAVRITTA AND YOGA - I

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **black ball point pen only.**
 - 2) Do not write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever necessary.**
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - "A" (45 Marks)

1. लघुत्तरी प्रश्न (सहा पैकी कोणतेही पाच) : [5 × 3 = 15]

Short answer question (any five out of six) :

- a) दिनचर्या महत्व विशद करा.
Describe Importance of Dincharya.
- b) समशन, अध्यशन, विषमाशन व्याख्या लिहा.
Define Samashan, Adhyaysan, Vishmashan.
- c) आदानकाल-अग्निबल संबंध लिहा.
Describe the relation between Aadankal & Aagnibal.
- d) आरोग्य लक्षण
Arogya Lakshana.
- e) अष्टौनिंदित पुरुष
Ashtounindita Purusha
- f) निद्रा प्रकार व लाभ
Describe types of Nidra & Benefits.

N - 5034

P.T.O

03324A

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सात पैकी कोणतेही सहा) :

Short answer question (any six out of seven) :

a) मासिक पाळी बाबत स्वच्छता कशी पाळावी?

Describe Menstrual hygiene.

b) नस्य विधी सविस्तर वर्णन करा.

Describe Nasya Procedure in detail.

c) ऋतु हरितकी

Rutuharitiki

d) आयुर्वेद योग संबंध वर्णन करा.

Describe relation between Ayurved and yoga.

e) जलचिकित्सा वर्णन करा.

Describe Jalchikitsa.

f) धौतीकर्म वर्णन करून महत्व विशद करा.

Describe Dhautikarma and its importance.

g) गोमुखासन व वज्रासन सविस्तर वर्णन करा.

Describe Gomukhasan and Vajarasana.

SECTION - "B" (45 Marks)

3. दीर्घोत्तरी प्रश्न (चार पैकी कोणतेही तीन) :

[3 × 15 = 45]

Long answer questions (any three out of four) :

a) सद्वृत्त व आचार रसायन सविस्तर वर्णन करून त्यांचे आरोग्याच्या दृष्टीने महत्व वर्णन करा.

Describe the sadvritta and achar rasayan & their role in promotive health.

b) आहार वर्गीकरण सविस्तर वर्णन करा.

Describe Aahar dravya Vargikarana.

c) योगाची व्याख्या लिहून अष्टांग योग वर्णन करा.

Define Yoga & Describe Ashtang yoga.

d) निसर्गोपचार चिकित्सेचे महत्व वर्णन करून मृत्तिका चिकित्सा वर्णन करा.

Describe Importance Nisargopachar Chikitsa and explain Mruttika Chikitsa.



[Total No. of Pages : 2

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Second B.A.M.S. (2010)/Third B.A.M.S. (2012)/(2017) Examination,
Winter - 2023 (Phase - II)
SWASTHAVRITTA AND YOGA - II

Total Duration : 3 Hours

Total Marks : 90

- Instructions :**
- 1) Use **black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - "A" (45 Marks)

1. लघुत्तरी प्रश्न (सहा पैकी कोणतेही पाच) : [5 × 3 = 15]

Short answer question (any five out of six) :

- a) दुषीत जल सेवनामुळे होणारे व्याधी लिहा.
Write Water borne diseases.
- b) विज्ञप्ती व्याख्या व महत्व लिहा.
Definition and Importance of Notification.
- c) कुप्रसंगज व्याधींची नावे लिहा.
Write down sexually transmitted diseases.
- d) शालेय विद्यार्थ्यांच्या आरोग्य समस्या लिहा.
Write Health Problems in school going children.
- e) बी.सी.जी. लस
B.C.G Vaccine.
- f) अल्मा आटाच्या शिफारशी लिहा.
Write Alma Ata declaration.

N - 5039

P.T.O

03324B

[6 × 5 = 30]

2. लघुत्तरी प्रश्न (सात पैकी कोणतेही सहा) :

Short answer question (any six out of seven) :

- विसंक्रमण व्याख्या व प्रकार लिहा.
Write definition and types of Disinfection.
- व्यवसायजन्य विकार लिहा.
Write Occupational Health Hazards.
- प्राथमिक आरोग्य केंद्रावर कार्यरत वैद्यकीय अधिकाऱ्याची कार्ये लिहा.
Write duties of P.H.C. Medical officer.
- फिरंग व्याधी सविस्तर वर्णन करा.
Describe in detail 'Syphilis'.
- वायुसंघटन लिहून दुषीत वायुजन्य व्याधी लिहा.
Write composition of Air & Air Borne Diseases.
- विद्युतवाह विधीचे फायदे व तोटे लिहा.
Write advantages and disadvantages of Electric Cremation.
- वाळूचा जलद निस्यंदक वर्णन करा.
Describe Rapid Sand Filter.

SECTION - "B" (45 Marks)

3. दीर्घोत्तरी प्रश्न (चार पैकी कोणतेही तीन) : [3 × 15 = 45]

Long answer question (any three out of four) :

- व्याधीक्षमत्व व्याख्या व प्रकार सविस्तर वर्णन करून राष्ट्रीय लसीकरण वेळापत्रक लिहा.
Describe in detail Immunity with its types and write 'National Immunization Schedule'.
- मलेरीया व्याधी सविस्तर वर्णन करून त्याचे प्रतिबंधात्मक उपाय लिहा.
Describe in detail Malaria with its Preventive Measures.
- माता व शिशु कल्याण कार्यक्रम सविस्तर वर्णन करा.
Describe in detail - 'Maternal and child health care programme'.
- कुटुंब नियोजन उद्दीष्टे लिहून गर्भ निरोधनाच्या स्थायी पद्धती सविस्तर वर्णन करा.
Write down objectives of Family planning and describe in detail - Terminal Methods of Contraception.



13/02/25

[Total No. of Pages : 2

03206A

Second B.A.M.S. (2021) Examination, Winter - 2024 Phase - III

SWASTHAVRITTA EVAM YOGA - I

Total Duration : Section A+B = 3 Hours

Section B Marks : 80

SECTION - B

- Instructions :**
- 1) Use black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover the entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for section B.

2. लघुत्तरी प्रश्न :

[8 × 5 = 40]

- a) जागतिक आरोग्य संघटनेनुसार स्वस्थ ची व्याख्या लिहून स्वास्थ्याचे परिमाण (Dimensions) स्पष्ट करा.

Write definition of Health and explain its Dimensions.

- b) दंतधावन आणि आधुनिक काळातील ब्रश करण्याच्या तंत्राचे वर्णन करा.

Describe Dantadhavana and Modern-day brushing techniques.

- c) रात्री जागरण आणि दिवास्वाप यांचा आरोग्यावर होणारा परिणाम स्पष्ट करा.

Explain the effect of Ratri Jagarana and Divaswapa on health.

- d) मल आणि मूत्र या वेगाचे धारण केल्यास आरोग्यावर होणारा परिणाम व चिकित्सा लिहा.

Write the effects of Mala & Mutra vega dharana on health and its treatment.

- e) रसायन व्याख्या लिहून लाभ वर्णन करा.

Define Rasayana and describe its benefits.

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- f) गर्भावस्थेतील मातेचा आहार वर्णन करा.
Write the diet for Pregnancy.
- g) पंचकोष सिद्धांत वर्णन करा.
Describe Panchakosha theory.
- h) ऋतुसंधी व्याख्या सांगून ऋतुसंधिमधील आहार सोदाहरण वर्णन करा.
Define Ritusandhi. Explain diet in Ritusandhi with example.

3. दीर्घोत्तरी प्रश्न :

[4 × 10 = 40]

- a) व्यायाम व्याख्या लिहा. ग्रंथोक्त व सद्यकालीन व्यायाम प्रकार सांगून सद्यकालीन व्यायामाचे लाभ वर्णन करा.
Define Vyayama. Mention types of Vyayama & Modern exercises. Describe benefits of Exercise.
- b) आदानकाल व विसर्गकाल यातील फरक सांगून ग्रीष्म ऋतूमधील आहार व विहार लिहा.
Write difference between Aadanakala & Visargakala. Mention recommended Ahara & vihara in Grccshma Ritu.
- c) सध्याच्या काळामध्ये अष्ट-आहार विधि विशेषयतनाचे महत्त्व स्पष्ट करा.
Explain the importance of Ashtaharavidhi Visheshayatana in the present era.
- d) पतंजली योग सूत्रानुसार योग व्याख्या आणि अष्टांग योग सविस्तर वर्णन करा.
Define yoga and describe Ashtanga yoga according to the Patanjali yoga sutra.

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Total No. of Pages : 2

03206B

Second B.A.M.S. (2021) Examination, Winter - 2024 Phase - III

SWASTHAVRITTA EVAM YOGA - II

Total Duration : Section A+B = 3 Hours

Section B Marks : 80

SECTION - B

- Instructions :**
- 1) Use black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
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 - 7) Use a common answer book for section D.

2. लघुत्तरी प्रश्न :

[8 × 5 = 40]

- a) घनकचरा विल्हेवाट लावण्याच्या पद्धती लिहा.
Methods of disposal of solid waste.
- b) आपत्ती म्हणजे काय? आपत्तीचे व्यवस्थापन लिहा.
Define Disaster and write its management.
- c) विविध व्यवसायजन्य विकारात आयुर्वेदाची भूमिका लिहा.
Write the role of ayurveda in various occupational disease.
- d) वार्धकजन्य समस्या लिहून प्रतिबंधात्मक व नियंत्रणात्मक उपाय लिहा.
Write old aged problems & its control & preventive measures.
- e) माता व बाल संगोपन सेवांची उद्दिष्टे लिहा.
Write the objectives of maternal and child care services.
- f) शालेय आरोग्य सेवेचे घटक लिहा.
Write the components of school health services.

g) शिष्टाचार
h) write functions

N - 5060

P.T.O

03206B

g) संक्रमण मार्ग.

Modes of disease transmission.

h) जागतिक आरोग्य संघटनेची रचना व कार्ये लिहा.

Write the structure and functions of World Health Organisation (WHO).

3. दीर्घोत्तरी प्रश्न :

[4 × 10 = 40]

a) कोविड-19 या संक्रामक व्याधीचा कारणीभूत घटक, संचयकाल, रोगप्रसार माध्यम, रोगाची लक्षणे सांगून प्रतिबंधात्मक व नियंत्रणात्मक उपाय लिहा.

Write Causative agent, Incubation period, Mode of transmission, symptoms, control & prevention of COVID-19 infection.

b) प्राथमिक आरोग्य सेवेचे तत्व, घटक व स्तर लिहा.

Write principles, element & level of primary health care.

c) विविध जलशुद्धीकरणाच्या पद्धती लिहून वाळुचा संथ निस्यंदकाच्या कार्यपद्धतीचे वर्णन करा.

Write various types of water purification methods & write about slow sand filtration.

d) राष्ट्रीय एड्स नियंत्रण कार्यक्रमातील विविध टप्पे लिहून चौथ्या टप्प्यातील सेवेबद्दल लिहा.

Write various milestones of National AIDS control programme & write services offered under National AIDS control programme phase - IV.

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46 60  
14 +27  
50 +16  
110 103

N - 5060

-2-

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Second B.A.M.S. (2021) Examination, Winter - 2024 Phase - III  
SWASTHAVRITTA EVAM YOGA - I

Total Duration : Section A+B = 3 Hours

Section A Marks : 20

**SECTION - A (MCQ)**

- Instructions :**
- 1) Use black ball point pen only.
  - 2) Each question carries one mark.
  - 3) Rough work should be done only on the Blank Space provided on the question paper booklet. If the rough work done is found else where other than the space provided on question paper or anywhere on answerbook such an act will be treated as an attempt to resort to Unfair means.

**1. Multiple Choice Questions.**

[20 × 1 = 20]

1. रात्रिकाली ..... प्रहरामध्ये भोजन ग्रहण करावे.

- ✓ A) प्रथम B) द्वितीय  
C) तृतीय D) चतुर्थ

(5)

One should consume meal at \_\_\_\_\_ prahara at night.

- A) Pratham B) Dwitiya  
C) Trutiya D) Chaturtha

2. वर्षाऋतुमध्ये ऋतुहरितकीचे अनुपान ..... आहे.

- A) मधु B) पिप्पली  
✓ C) सैंधव D) शुण्ठी

Anupana for rituharitaki in Varsha Ritu is \_\_\_\_\_.

(6)

- A) Madhu (Honey) B) Pippali  
C) Saindhav D) Shunthi

11. पेलाग्रा हा व्याधी ..... जीवनसत्वाच्या अभावाने होतो.

- A) थायमिन B) रायबोफ्लेविन  
☒ C) नियासिन D) फोलिक ॲसिड

Deficiency of \_\_\_\_\_ Vitamin causes Pellagra.

- A) Thiamine B) Riboflavin  
 C) Niacin D) Folic acid

12. चरकसंहितेनुसार निद्रेचे प्रकार ..... आहेत.

- A) 07 B) 03  
☒ C) 06 D) 08

Charaksamhita has mentioned \_\_\_\_\_ types of Nidra.

- A) 07 B) 03  
 C) 06 D) 08

13. दिवास्वाप वर्जित व्यक्ती .....

- A) अजीर्ण ☒ B) दूषीविषपिडित  
 C) मद्यपान केलेली व्यक्ती D) हिक्का

Day sleeping is contraindicated in \_\_\_\_\_.

- A) Ajima B) Dushivishapidit  
 C) Alcoholic person D) Hikka

14. .... चित्तवृत्ती नाही.

- A) विपर्यय B) विकल्प  
☒ C) मोह D) निद्रा

\_\_\_\_\_ is not Chittavritti.

- A) Viparyaya B) Vikalpa  
 C) Moha D) Nidra

15. पंचकोष वर्णन ..... मध्ये आहे.

- A) घेरंडसंहिता B) पातंजली योगदर्शन  
☒ C) तैत्तिरीय उपनिषद D) हठयोग प्रदिपिका

Panchakosha is described in \_\_\_\_\_.

- A) Gheranda Samhita B) Patanjali Yogadarshana  
 C) Taittiriya Upanishada D) Hathyoga Pradipika

16. योगारंभ ..... ऋतुमध्ये करावा.

- A) वर्षा B) शिशिर  
☒ C) शरद D) हेमंत

In \_\_\_\_\_ season, yoga practice is advised to start.

- A) Varsha B) Shishir  
 C) Sharad D) Hemant

17. .... प्राणायाम त्रिदोषघ्न सांगितला आहे.

- A) भ्रामरी B) शितली  
 C) सितकारी ☒ D) भस्त्रिका

\_\_\_\_\_ Pranayama is Tridoshaghna.

- A) Bhramari B) Shitali  
 C) Sitkari D) Bhastrika

18. .... बाह्य जलचिकित्सा नाही.

- A) आवेष्टन B) स्नान  
☒ C) एनिमा D) प्रक्षालन

\_\_\_\_\_ is not external hydrotherapy.

- A) Aaveshtana B) Snana (Bath)  
 C) Enema D) Prakshalana

19. .... सप्तांग योग नाही.

- A) मुद्रा B) आसन  
C) प्राणायाम D) धारणा

\_\_\_\_\_ is not 'Saptanga yoga'.

- A) Mudra B) Asana  
C) Pranayama D) Dharana

20. .... आचार्यांनी त्रयोपस्तंभामध्ये अब्रह्मचर्य चा उल्लेख केला आहे.

- A) चरक B) वाग्भट  
C) सुश्रुत D) भावप्रकाश

\_\_\_\_\_ Acharya considered 'Abrahmacharya' as Trayopastambh.

- A) Charaka B) Vagbhata  
C) Sushruta D) Bhavaprakasha

SPACE FOR ROUGH WORK

03206B

SECOND B.A.M.S. (2021) EXAMINATIONS

SWASTHAVRITTA EVAM YOGA - II

SECTION - "A" (MCQ)

Total Duration : 3 Hrs.

Section Marks : 20

- Instruction:** 1) Use black ball point pen only.  
2) Each question carries one mark.  
3) Rough work should be done only on the Blank Space provided on the question paper booklet. If the rough work done is found elsewhere other than the space provided on question paper or anywhere on answer book such an act will be treated as an attempt to resort to Unfair means.

Q.1. Multiple Choice Questions :

(20x1=20)

1. जनपदोर्ध्वसाचे वर्णन चरकसंहितेत कोणत्या स्थानात केले आहे?  
A) सुत्रस्थान  
B) चिकित्सास्थान  
C) विमानस्थान  
D) कल्पस्थान  
In which sthana of Charak samhita Janapadodhwamsa is described ..  
A) Sutrasthana  
B) Chikitsasthana  
C) Vimansthana  
D) Kalpasthana
2. हवेतील कार्बनडायाऑक्साईडचे प्रमाण ....  
A) ०.०३%  
B) १%  
C) २०.९३%  
D) ७८.०९%  
Percentage of Carbon dioxide (CO<sub>2</sub>) in air....  
A) 0.03%  
B) 1%  
C) 20.93%  
D) 78.09%
3. भुकंप ही कोणत्या प्रकारची आपत्ती आहे?  
A) नैसर्गिक  
B) मानवनिर्मित  
C) दोन्ही  
D) दोन्हीही नाही  
Earthquake ..... kind of Disaster.  
A) Natural  
B) Man made  
C) Both  
D) Neither
4. लोहकण श्वासात गेल्याने कोणता व्याधी होऊ शकतो.  
A) सिलिकोसीस  
B) सिडेरोसीस  
C) बॉसिनोसीस  
D) टोबॅकोसीस  
Which disease can caused by inhaling iron partical.  
A) Silicosis  
B) Siderosis  
C) Bassinosis  
D) Tobaccosis

PTO

5. पुढीलपैकी कोणती समस्या ही शालेय आरोग्य समस्या आहे?

- A) कुपोषण  
B) दंतविकार  
C) कृमीविकार  
D) बरील सर्व

Which of the following is school health problem?

- A) Malnutrition  
B) Dental caries  
C) Worm infestation  
D) All of the above

6. जागतिक एड्स दिवस कधी साजरा करतात?

- A) १ सप्टेंबर  
B) १ ऑक्टोबर  
C) १ नोव्हेंबर  
D) १ डिसेंबर

World AIDS day celebrated on .....

- A) 1<sup>st</sup> September  
B) 1<sup>st</sup> October  
C) 1<sup>st</sup> November  
D) 1<sup>st</sup> December

7. जागतिक आरोग्य संघटनेचे मुख्य कार्यालय..... येथे आहे.

- A) जिनेव्हा  
B) न्युयॉर्क  
C) कोलंबो  
D) रोम

Headquarter of World Health Organisation situated in .....

- A) Geneva  
B) New York  
C) Colombo  
D) Rome

8. जनगणना किती वर्षांनी करतात?

- A) पाच  
B) दहा  
C) वीस  
D) तीस

Census is done every ..... years.

- A) Five  
B) Ten  
C) Twenty  
D) Thirty

9. गोवर ची लस बालकांना कोणत्या महिन्यात देतात?

- A) तिसरा  
B) चौथ्या  
C) पाचव्या  
D) नवव्या

In which month measles vaccine is given to children?

- A) 3<sup>rd</sup>  
B) 4<sup>th</sup>  
C) 5<sup>th</sup>  
D) 9<sup>th</sup>

10. राष्ट्रीय अंधत्व नियंत्रण कार्यक्रम कधीपासून सुरू झाला?

- A) १९७६  
B) १९७५  
C) १९७०  
D) १९६५

National blindness control programme started in .....

- A) 1976  
B) 1975  
C) 1970  
D) 1965

11. कुटुंब नियोजनाच्या पध्दतीचे प्रमुख किती प्रकार आहेत ?  
 A) तीन  
 B) दोन  
 C) चार  
 D) पाच  
 Main types of family planning are.....  
 A) Three  
 B) Two  
 C) Four  
 D) Five
12. .... हजार लोकसंख्येकरिता एक प्राथमिक आरोग्य केंद्र स्थापन केले जाते.  
 A) दहा  
 B) बीस  
 C) तीस  
 D) चाळीस  
 One primary health centre is established for ..... thousand population.  
 A) Ten  
 B) Twenty  
 C) Thirty  
 D) Forty
13. जलाचे प्रमुख प्रकार.....  
 A) दोन  
 B) तीन  
 C) चार  
 D) पाच  
 Main types of Jala.....  
 A) Two  
 B) Three  
 C) Four  
 D) Five
14. पुढीलपैकी कोणता आजार हा जीवनशैली संबंधित आहे ?  
 A) क्षयव्याधी  
 B) मलेरिया  
 C) डेन्गु  
 D) स्थौल्य  
 Which of the following is related to lifestyle disorder?  
 A) Tuberculosis  
 B) Malaria  
 C) Dengue  
 D) Obesity
15. कॉलरा व्याधीचा कारणीभूत घटक.....  
 A) मायकोबॅक्टेरियम ट्युबरकुलेसीस  
 B) व्ही.कॉलेरी  
 C) एस.टायफी  
 D) प्लाझ्मोडियम  
 Causative organism of Cholera is.....  
 A) Mycobacterium Tuberculosis  
 B) V.Cholerae  
 C) S.typhi  
 D) Plasmodium
16. नैसर्गिक विसंक्रमणामध्ये ..... चा समावेश होतो.  
 A) सुर्यकिरण  
 B) वायु  
 C) दहन  
 D) दोन्ही A व B  
 Which of the following include in Natural Disinfectant?  
 A) Sun ray  
 B) Wind  
 C) Burn  
 D) Both A and B

17. राज्य कामगार विमा योजने अंतर्गत गर्भवती स्त्रियांचा गर्भपात झाला तर ..... आठवड्यांची सवेतन रजा देण्यात येते.

A) ६

B) ८

C) १०

D) १२

According to employees state insurance act, pregnant woman has miscarriage, .....weeks of paid leave are granted.

A) 6

B) 8

C) 10

D) 12

18. ....हे औषध क्षयरोगात वापरतात.

A) डॅपसोन

B) रिफाम्पिसिन

C) इथामबुटोल

D) दोन्ही B व C

Drug used in Tuberculosis.....

A) Dapsone

B) Rifampicin

C) Ethambutol

D) Both B and C

19. रुग्णालयीन अपद्रव्य निवारण कायदा कधी अस्तित्वात आला ?

A) १९९५

B) १९९६

C) १९९८

D) १९९९

Biomedical waste management act introduced in .....

A) 1995

B) 1996

C) 1998

D) 1999

20. जगभर पसरणाऱ्या साथीला ..... म्हणतात?

A) पॅन्डेमिक

B) झुनोसिस

C) एन्डेमिक

D) विदेशागत

..... mean epidemic spreading to multiple regions across the globe.

A) Pandemic

B) Zoonosis

C) Endemic

D) Exotic

## SECOND B.A.M.S. (2021) EXAMINATIONS

## SWASTHAVRITTA EVAM YOGA - II

Total Time : 3 Hrs.

Total Marks : 80

- Instructions :**
- 1) Use **black ball point pen only.**
  - 2) **Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.**
  - 3) **All questions are compulsory.**
  - 4) **The number to the right indicates full marks.**
  - 5) **Draw diagrams wherever necessary.**
  - 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. This format is a mere guideline. Questions from the syllabus can be asked in any paper. Students cannot claim that the Question is out of syllabus, as this format and distribution has been given only for the sake of placement.**
  - 7) **Use a common answer book for all sections.**

## SECTION " B " (80 MARKS)

## 2. लघुत्तरी प्रश्न

(8 x 5 = 40)

- a) शालेय आरोग्य सेवेचे विविध पैलू लिहा.  
Write aspects of school health services.
- b) विविध व्यवसायजन्य रोग लिहून त्यापैकी दोन व्याधींचे प्रतिबंधन व नियंत्रण कसे करावे ते लिहा.  
Enlist various occupational diseases. Write prevention and control of Any two of them.
- c) विसंक्रमणाचे प्रकार लिहून रासायनिक विसंक्रमणाबद्दल लिहा.  
Write the types of Disinfectant. Write about chemical agent of Disinfectant.
- d) केंद्रीय स्तरावरील आरोग्य प्रशासन व्यवस्था कशी असते ते लिहा.  
Write the health administration at central level.
- e) नैसर्गिक व मानवनिर्मित आपत्ती कोणत्या व त्यांचे थोडक्यात परिणाम लिहा.  
Enlist Natural and Man-made disaster and write effects of disaster.
- f) युनिसेफ  
UNICEF
- g) माता आणि बाल संगोपन सेवेची उद्दिष्टे लिहा.  
Write objectives of maternal and child care services.
- h) वृद्धांचे आरोग्य समस्या वर्णन करा.  
Write health problems of the aged.

## 3. दीर्घोत्तरी प्रश्न

(4 x 10 = 40)

- a) जलाचे प्रकार सांगून विविध प्रकारे जलशुद्धीकरण कसे करतात ते लिहा.  
State types of Jala. Write various methods of water purification.
- b) साथरोग शास्त्राची परिभाषा लिहून रोगाचा प्रसार कसा होतो ते लिहा.  
Define epidemiology. Write dynamics of disease transmission.
- c) प्राथमिक आरोग्य सेवेचे तत्त्व, घटक व स्तर लिहा.  
Write principles, elements and level of primary health care.
- d) चार राष्ट्रीय कार्यक्रमांची नावे लिहून कोणत्याही दोन कार्यक्रमाबद्दलची माहिती लिहा.  
Write the name of four national health programmes and give details of any two of them.